



SOUTH FOUR CORNERS

Citizens Association



Building a stronger community, one neighbor at a time

Jan/Feb 2018

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MARK YOUR CALENDARS!

Tues, Jan 16, 2018 – 7pm
SFCCA Community Meeting
Schweinhaut Senior Center

Jan 20, 2018 – 10am
Clean-up of Forest Glen Rd
(meet at Argyle Park tennis courts)

Mar 19, 2018 – 7pm
SFCCA Community Meeting
Schweinhaut Senior Center

Mar 24, 2018 – 10am
Clean-up of Forest Glen Rd
(meet at Argyle Park tennis courts)

May 21, 2018 – 7pm
SFCCA Community Meeting
Schweinhaut Senior Center

May 26, 2018 – 10am
Clean-up of Forest Glen Rd
(meet at Argyle Park tennis courts)

Next SFCCA Meeting

**** Date Change ****

Tuesday, January 16 at 7pm
Schweinhaut Senior Center 1000 Forest Glen Road

Featured Guest Speaker:

Ann Keating
MS, CNS, LDN
Registered Dietitian



Please join us for our community's first meeting of the new year.* Our invited speaker is Ann Keating, a licensed integrative dietetic nutritionist.

Ann's approach to nutrition emphasizes the vital and interrelated physiological, environmental, socio-cultural, and spiritual roles of food in our lives. Her work recognizes the cognitive and physiological factors influencing the complex role of food and nutrition in human health.



Ann loves to share nutritional awareness, as well as practical tools, to help facilitate positive, sustainable health changes in her students and clients. One of her special interests is using nutritional therapy for mood issues such as depression, anger, anxiety, stress, food cravings, and addiction.

Ann holds a Master's degree in Nutrition and Integrative Health, and a Master's degree in Health and Wellness Coaching. She currently serves as adjunct faculty at her alma mater,

Maryland University of Integrative Health in Laurel, MD.

We look forward to seeing you at the upcoming meeting. Please remember, **SFCCA meetings now end promptly at 8:30 pm.**

* SFCCA meetings are held bi-monthly on the third Monday of January, March, May, July, September, and November at Schweinhaut Senior Center, 1000 Forest Glen Rd. When the third Monday of the month falls on a federal holiday, the meeting is postponed, space permitting, to the following day.



Tamara
Kucik Team

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President's Corner

A Call for Social Wellbeing!

Thanks to my dad, one of my New Year's resolutions came early this year. Right after Thanksgiving, his cardiologist asked him a very straightforward question, "Do you want to live?" When my dad responded affirmatively, his doctor assured him that the only way to meet his heart's desire was to transition to a plant-based diet. No animal protein. No exceptions. No joke.

In that moment, I imagine my 76-year-old, meat-and-potatoes-eating father saw something akin to his food life flash before his eyes. "Goodbye butter. So long steak. We'll always have Paris." You get the picture. To his credit, he came home that day resolved to be healthy, thus leading the way for me to do the same.

Lest you get the wrong idea, I'm not trying to change anything about the way you eat. Rather, I'm inviting all of us to live into an expanded definition of what it means to be healthy. According to the World Health Organization, healthy is *"a state of complete physical, mental and social wellbeing [my emphasis] and not merely the absence of disease or infirmity."*



Since social wellbeing is the extent to which we feel a sense of belonging and social inclusion, I invite you to take stock of this aspect in your own life. If you're looking for ways to get more involved in our community, I can name a few: introduce yourself to a neighbor; come to meetings; become an officer – we could use a Secretary; chair Community Day; start a committee – we could use one on traffic/safety; pay your annual SFCCA membership dues today – still only \$15 per household; create something of your choosing.

The opportunities to increase our social wellbeing by **building a stronger community, one neighbor at a time** are abundant. All we need is resolve.

Carolyn Stanek Lucy

SFCCA.President@gmail.com
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SFCCA Officers & Chairpersons

Officers:

Carolyn Stanek Lucy, President • Larry Dickter, Vice President
VOLUNTEER NEEDED FOR SECRETARY • Richard Messalle, Treasurer

Chairpersons:

Eileen Broderick, Membership • Nghi Nguyen, Neighborhood Safety
Jane Jannotta, Newsletter Editor • Dave Nettleton, Newsletter Distribution
Dave West, Listserv Manager • Betty Batty, Website/Social Media
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Michael Lucy, Public Works • **VOLUNTEER NEEDED FOR COMMUNITY DAY**
John & Peri Evanoff, Diversity & Inclusion • Jeanne Berman, Gardening

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SFCCA Addresses & Social Media

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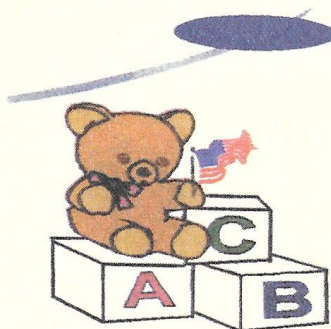
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Local History/Architecture

SOUTH FOUR CORNERS ART DECO BUNKER, PART 2

By David Rotenstein



Drake house, c. August 1951.
Photo courtesy of Jerry Drake.

Edna Drake's South Four Corners home was completed in 1948. Though her son, Jerry Drake, still has the neatly folded blueprints for his mother's house, the title block simply identifies the project as "Dwelling for Mrs. Edna Drake." No architect or draftsman is identified nor is there a date for the drawings.

The finished product was a small rectangular plan one-story building constructed on a concrete slab foundation. Distinctive exterior elements include metal casement windows and a curved corner with glass blocks lighting the dining room. A rounded projecting slab covers a terrace leading to the front door (south facade). The stucco-clad exterior lacks ornamentation except for broad window sills, concrete coping along the roof, and a slight inset in the east (front) facade demarcating the break between the

living room and master bedroom that provides some relief in the minimalist facade. The interior originally had a living room, dining room, kitchen, utility room, one bathroom and two bedrooms. Shortly after moving into the house, the family constructed a one-story bump-out addition extending from the south facade.

The family was living nearby while the house was under construction.

After it fell behind schedule, the Drakes adapted. "Our house wasn't ready on time," Jerry Drake recalled in a 2016 interview. "And we had pitched a tent in the backyard ... Our neighbor supplied us water and let us use their bathroom."

Drake believes that his parents got the inspiration for the modernist house from their time in California. But, he said, "I don't know which parent it was."

Their house stood out among the older Cape Cods and, at first, the wood frame Fairway Houses. It was such a novelty that Drake remembers playing in the yard as a pre-teen and strangers driving up and asking about the house: "Somebody'd pull up and say are your parents thinking about selling that house?"

Most of Jerry Drake's new friends were children who lived in what he

calls the "government houses," the wartime Fairway Houses. The families who lived in them were not part of the same middle class suburban dwellers that the Drakes were. "We were considered the rich family because both my parents worked, for one thing, and we had a house that looked kind of neat," Drake said. "Most of the houses, the government houses, they weren't much."

Some of Drake's most vivid memories of the neighborhood revolve around the removal of the Fairway Houses. Each house was constructed on concrete piers with a crawl space concealed by skirting. Drake explained, "Each house probably had about a dozen support columns underneath supporting the main beam of the house." He added, "The columns lined up and they'd back a truck through the middle of them, knock the beams off in the middle and back a flatbed truck in there and then just go right down Renfrew Road and turn on Forest Glen and my neighbors



Jerry Drake (far right) with Ricky Ensley, John Drake, Cory Ensley, and Fay Dixon (right to left). The children are on the sidewalk in front of one of the Fairway Houses. Undated photo, courtesy of Jerry Drake.

would be disappearing."

Drake's world shrank each time one of the houses left. "I'd come home from school and I'd see one of my neighbor's houses going down the street on the back of a truck, you know, a large flatbed truck and I'd say - Well, there go the Ensleys. I'll never see them again. And there go the Masslers; I'll never see them again."

Eventually every Fairway House disappeared and briefly South Four

Corners resembled a ghost town. "For about three years, our neighborhood was so desolate we didn't get trick or treaters for Halloween," Drake said. "It wasn't worth the trouble. There was only a couple of houses here and a couple of houses at the bottom of the hill."

The desolation didn't last, though. Once the infill building began in the neighborhood, Drake quickly adapted. He sold lemonade to the construction workers and he made new friends as

families moved into the new ramblers and split-level homes.

Drake's parents split during the 1950s and his father moved to Washington along with his older brother. Edna Drake died in 1978 at age 67. She ended her teaching career after teaching for 23 years in Prince George's County. Jerry Drake still lives in Montgomery County, and the Renfrew Road home is now a rental property. It has never been sold outside the Drake family.

Volunteers Needed

Make a Difference Close to Home!



SFCCA is looking for **talented people** who are inspired to make a difference in our community.

Mentors are available for both positions!

Secretary

The Secretary, an elected position, takes the minutes during bi-monthly SFCCA meetings, types them up, and submits them to the Newsletter Editor for the next issue. This position is available to any SFCCA member in good standing, meaning you've paid your annual \$15 dues.

Community Day Chair/Co-Chair

Get involved and lead a team to organize Community Day, a bi-annual event last held in 2016 and expected in 2018.

Additionally, greater involvement, diversity, and leadership from new people are always welcome! You could **submit an article** for publication in the newsletter (as long as it's politically neutral, and doesn't promote a specific vendor). **Run for an officer position** in May. Become the **featured guest in the Open Doors** column, and so much more! The bottom line is SFCCA exists - or doesn't - because people take on roles to make it happen. While we have a structure with officers, committees, and members, our work is very self-generated with lots of room for creative expression.

Membership

Join today!

Support our community by becoming a member of the **South Four Corners Citizens Association!** SFCCA is the voice of our residential community. Its vigorous advocacy and events make South Four Corners safer, more beautiful and more connected.

Join today! Only \$15 per year:

- Pay by cash/check at the upcoming SFCCA meeting
- Pay by check payable to SFCCA, send to:
SFC Membership
PO Box 792 Silver Spring, MD 20918-0792
- Pay online using credit card or PayPal at <https://southfourcorners.com/membership>

For more information contact Eileen Broderick, Membership, at eileen@starpower.net

Important Phone Numbers:

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