



SOUTH FOUR CORNERS

Citizens Association



Building a stronger community, one neighbor at a time

Nov/Dec 2016

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MARK YOUR CALENDARS!

Nov 21, 2016 – 7pm

SFCCA Community Meeting
Schweinhaut Senior Center

Nov 26, 2016 – 10am

Clean-up of Forest Glen Rd
(meet at Argyle Park tennis courts)

Dec 3, 2016 – 5pm

Tree Lighting Celebration
(details page 3)

Jan 16, 2017 – 7pm

SFCCA Community Meeting
Schweinhaut Senior Center

Jan 21, 2017 – 10am

Clean-up of Forest Glen Rd
(meet at Argyle Park tennis courts)

Mar 20, 2017 – 7pm

SFCCA Community Meeting
Schweinhaut Senior Center

Next SFCCA Meeting

Monday, November 21 at 7pm

Schweinhaut Senior Center 1000 Forest Glen Road

Featured Guest Speaker:

Mary Bulla Sanchez

Health & Wellness as We Age

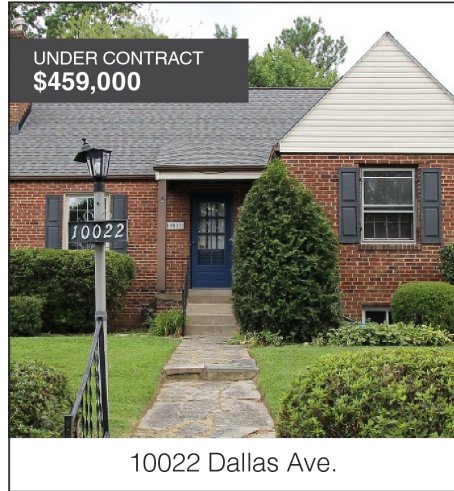
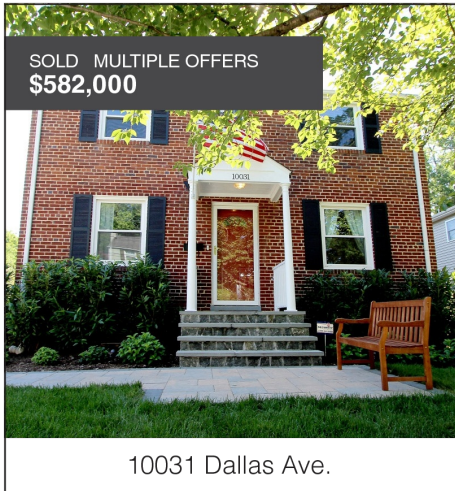
Historically, people have believed that once a person reaches 60 years of age, their productive years are behind them. That was the age at which people expected to retire or be “put out to pasture.” With the Baby-Boomer Generation, however, this thinking has been turned on its head. As that cohort ages, they actively seek ways to maintain their active lifestyle as well as their mental and physical acumen.



Through its programming, Holy Cross Senior Source makes a practice of addressing all six aspects of wellness on the Wellness Spectrum: physical, emotional, social, environmental, mental, and spiritual. Mary Bulla Sanchez, Manager, will share how Holy Cross Senior Source strives to fit all wellness aspects into their calendar, some of the new classes they have added (to make them less like “your mother’s senior center”), and how they endeavor to help participants maintain their health and wellness at any age. In addition, Mary will address different activities, practices and habits to help maintain, and even enhance, one’s health and active lifestyle after age 60.

As manager of Holy Cross Senior Source, a busy senior wellness center with nearly 15,000 encounters in FY 2016, Mary develops programs, and implements, evaluates, and administers health, wellness, and exercise classes for seniors over the age of 55. She is a Master Trainer and Coordinator for the evidence-based A Matter of Balance program (from Maine Health) and Holy Cross’ Memory Academy (from UCLA Center on Aging).

In addition to more than 26 years of experience implementing and instructing fitness programs for adults of all ages, Mary has taught Better Bones exercise class for the senior osteoporosis-prone population for nine years. She assists in implementation of UpRight Balance Exercise Class and the Falls Risk Assessment, and serves on the Steering Committee of Holy Cross Hospital Green Team. In addition, Mary is a member of National Osteoporosis Foundation, Arthritis Foundation, and Girl Scouts of America where she has been a Girl Scout leader for 14 years.



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What your neighbors are saying

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— The Collins Family



Betty's recent client shares their thoughts.

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*Thanks for another successful year.
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Officers of the South Four Corners Citizens Association:

Carolyn Stanek Lucy, President
Marie Girardot, Recording Secretary

Larry Dickter, Vice President
Richard Messalle, Treasurer

Chairpersons of the South Four Corners Citizens Association:

Eileen Broderick, Membership
Jane Jannotta, Newsletter Editor
Dave West, Listserv Manager
Dave Meininger, Welcome Bags
Michael Lucy, Public Works
Vacant, Safeway Liaison

Nghi Nguyen, Neighborhood Safety
Dave Nettleton, Newsletter Distribution
Betty Batty, Website/Social Media
Jenny Cannon, Social Events
Erin Caporellie, Community Day
Jeanne Berman, Gardening

SFCCA Addresses and Social Media *Like our page on Facebook!*

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Website: www.southfourcorners.com

Editor: SFCCAeditor@gmail.com

SFCCA Yahoo Group Listserv: <http://groups.yahoo.com/group/SFCCAMembers>

Facebook: www.facebook.com/southfourcorners/

Upcoming Event

NEIGHBORHOOD TREE LIGHTING

Saturday, Dec 3 at 5pm

Join us at the corner of **Lanark Way and Rogart Road** for the annual Neighborhood Tree Lighting. Snacks and hot chocolate will be available. Donations of additional treats are always welcome. Contact **Jenny Cannon** if you can bring a dessert. Rain date is December 4th at 5pm.





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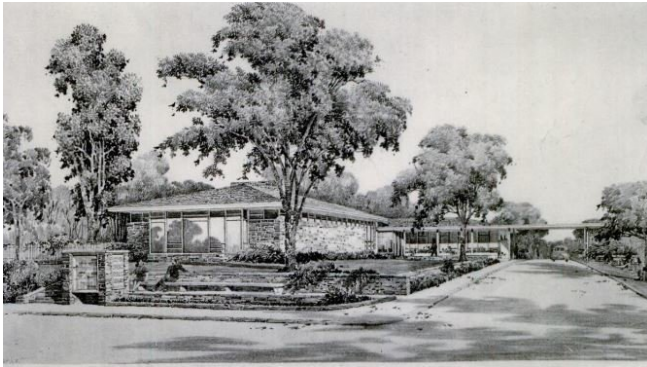
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sliding-scale basis.

Advocacy

Neighborhood causes and policy on the local and county level

DISPOSITION OF LIBRARY PROPERTY IN QUESTION

By Larry Dickter



Prior to last year's closure of the historic Silver Spring library on Colesville Road, the Montgomery County Department of Parks requested that the 2.3 acre library building and adjacent property remain in the public domain and be transferred to the Department for use as a public facility and open green space.

A letter dated February 13, 2015 from the Montgomery County Planning Board to the Montgomery County Department of General Services states that:

“[the library property is] a valuable public resource offering the only opportunity to expand Ellsworth Park. The site is located in one of the highest density areas with the lowest level of park service per population in the County. Situated at the edge of the Central Business District, it could serve the residents of a high density area while acting as a buffer to the adjacent single family area.”

It has also been noted that downtown Silver Spring has only one park larger than ¼ acre (the Jessup Blair Park on the DC line at Silver Spring's southernmost border) and that there are only three small additional parks on the downtown perimeter, all acquired in the 1960s and 1970s before the explosive growth of downtown.

The area's Master Plan, which provides the long-range vision for the area's built environment and which guides the appropriate use of land within the area's boundaries, recommends continuing public use of the library site. Noting that Silver Spring is significantly underserved for parks and recreation facilities, the Plan

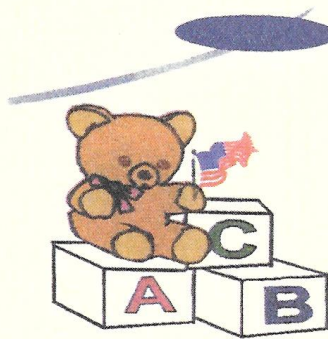
suggests the former library building be converted to an intergenerational recreation center.

Despite this rare opportunity to use the library site (including two surface parking lots) to create additional open space and recreational facilities for all ages, the County is currently soliciting proposals to build a large residential development on the site.

The site is located in one of the highest density areas with the lowest level of park service per population in the County.

In recent years, 2,000 new residential units have been built in downtown Silver Spring and 7,000 additional ones are currently in the pipeline. County officials, who are constantly bemoaning Montgomery County's lack of affordable housing, continue to approve the construction of new upscale apartment buildings and “boutique townhomes” like Chelsea Heights (directly behind the old library site on Ellsworth Drive) which are being advertised “from the \$800s.” A very small fraction of all these new homes and apartments could ever be owned or rented by folks with moderate incomes.

Given this boom in new residential construction in downtown Silver Spring (where the County could



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require developers to incorporate more affordable housing into their projects as a precondition for approving them), many current residents of Silver Spring are asking why the County would even consider allowing a private developer to take over the library site and build even more housing for future residents (without the infrastructure to support them), instead of preserving open space and providing recreational opportunities for the growing number of people already living in and adjacent to downtown Silver Spring.

Community leaders and other local residents have been circulating a petition (signed by 626 people, as of October 18) asking that Montgomery County transfer the historic Silver Spring library, and the property surrounding it, to the Montgomery County Department of Parks, which, with community input, will determine the best uses and activities for this land. The petition will be forwarded to the Montgomery County Executive and County Council.

Events Recap

ICE CREAM SOCIAL – AUG 27

Our annual Ice Cream Social was great fun and a big success. Over 100 neighbors came out to enjoy ice cream and spend time together in South Four Corners Park. Special **thanks** to **Eileen Broderick** for helping to secure the ice cream truck!



COMMUNITY DAY – OCT 2



Community Day 2016 was a great success. After many days of rain, we finally had one filled with sunshine! Lots of activities were happening both in and outside the community center. We had kids exploring fire trucks, riding bikes, participating in the cake walk, getting their faces painted, voting on the cutest pups in the neighborhood, and enjoying a special visit from Ronald McDonald later in the afternoon. We also had a wonderful plant swap for

neighbors to enjoy along with several other organizations. Inside, we had a magic show, a few exhibitors, lots of musical instruments for kids, and our membership table. Most importantly, there was plenty of pizza, cupcakes, water and soda to be had!

We have many generous people in our neighborhood, and Community Day could not have happened without their contributions! Although there are far too many to thank individually, a special **thank you** goes to **Eileen Broderick, Evelyn Joray, Elaine Joray, Jennifer Troke, Cecily Thorne, Steve Ricketson, Michael Lucy, Dave Nettleton** and **Erin Caporellie** who served on the planning committee and met for months to plan this day.



(continued on page 7)



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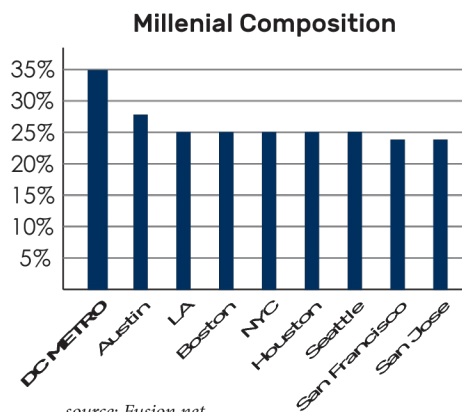


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10005 Sutherland Road
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Events Recap (continued from page 5)

COMMUNITY DAY

....Most importantly, we share a heartfelt **Thank You!** to the following businesses who volunteered their time and/or gave donations for the raffle, all contributing to our wonderful Community Day:

Blue Heron Wellness
California Tortilla
Chef Nick Gregory
Denizen's Brewery
4 Corners Pub
Holy Cross Hospital
McDonald's
Montgomery County Fire and Rescue
Montgomery County Police Department
Mrs. K's Tollhouse

Panera Bread
Pulse Community Care
Safeway
Siena School
Studio Grooming Salon
Trader Joe's
Unleashed
Verizon
Washington Animal Rescue League
Washington Humane Society

HALLOWEEN PARADE – OCT 23

Thanks to everyone who supported and cheered on our Halloween Parade! Children and adults alike had a fun time as we paraded through the neighborhood and shared treats at South Four Corners Park afterwards. The weather was beautiful and the costumes looked great!



Important Phone Numbers:

Montgomery County General Information & Service: 311 Outside of Montgomery County: 240-777-0311
TTY (for hearing impaired): 240-773-3556

Police & fire emergency: 911
Fire non-emergency: 240-776-4700 Police non-emergency: 301-279-8000

24-Hour Emergency Preparedness Hotline: 240-777-4200
Power outages, downed wires: Pepco 877-737-2662 <http://www.pepco.com/outage-center/>

Membership

Support our community by becoming a member of the **South Four Corners Citizens Association!** SFCCA is the voice of our residential community. Its vigorous advocacy and events make South Four Corners safer, more beautiful and more connected.

Why Join SFCCA? Lots of Reasons!

- Take part in the greater SFC community
- Feel connected to neighbors and families
 - Make new and lasting friendships
- Unleash your creativity by helping with events
- Learn about important news and neighborhood events when they arise
- Get involved in the safety and wellbeing of the neighborhood



And it's easy, too! Only \$15 per year:

- Pay by cash/check at the upcoming SFCCA meeting on November 21
- Pay by check made payable to SFCCA and send to: SFC Membership
PO Box 792 Silver Spring, MD 20918-0792
- Pay online using credit card or PayPal at <https://southfourcorners.com/membership>

For more information contact Eileen Broderick, Membership, at eileen@starpower.net

Highlights from the Sept 19, 2016 SFCCA Meeting

Guest Speaker: Howard Ross, Founder and Chief Learning Officer at Cook Ross, has been on the forefront of the issue of civil rights for 50 years. His talk was on Unconscious Bias, and he encouraged us to practice consciously listening to others and trying to get to the “humanity” of issues. Throughout his presentation, Mr. Ross challenged the audience to acknowledge the reality that other people are dealing with, as well as to become an active observer by watching and listening to the “other side.” We ought to try to understand why an opposing view makes sense to someone. He is the author of several books including “Every Day Bias.” A native Silver Spring, Howard and his family once lived within the borders of South Four Corners.

Community Day: Erin Caporelli, Community Day Chairperson, talked about the upcoming event, and how it is a great way to reconnect with the community. Eileen Borderick, Membership Chairperson, will figure out how to update the signs, Ben Bishop will put up the signs throughout the neighborhood. Evelyn Joray, Eileen & Erin were recognized for their herculean efforts in organizing the Community Day!

Business: Updates on BRT, Short Term Monthly Rental

Zoning Changes, and Cell Towers in our neighborhood will be posted on our website as they are available.

John Holden would like to see proposals for SFCCA to take a stand on issues if the issue is in the best interest of our neighborhood. A topic for the November meeting is where we stand as an organization on these issues. Please contact Carolyn (SFCCA.president@gmail.com) to get issues (new or old) added to the SFCCA meeting agenda.

For full meeting minutes, please refer to www.southfourcorners.com/minutes

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